Feedback:
It’s all in the name; feedback is a backward process. You are looking, or someone is looking, at what you have already done, something that is finished, in the past, unchangeable, and telling you what was good or bad about it. That’s useful. It’s good to know what you got right.

However, if you want to make progress, if you want to change and improve what you do, you need to get into feedforward.

Feedforward:
Looking forward – looking to what you can change and do better next time. All feedback can also feedforward if you use it to change what you do in the future.

😊 Positive feedback, do more of that in the future. Reflect on how to use it in other contexts.
😊 Negative feedback, reflect on how to avoid this in the future. Make positive change come out of negative feedback and you will always improve. Don’t let comments pass you by, don’t ignore them, or they will always be feedback, never feeding-forward into your future work.

If you want to succeed using feedback, make it a springboard for change and improvement. Don’t be passive – jump on any feedback, study it, reflect on it and work out how it can help you.

These are just a few of the things you can do:

- Study your feedback carefully
- Pay attention to positive and negative comments
- Identify what you need to do to reach a higher standard
- Create a summary of the feedback
- Correct/rewrite your assignment
- Go to your tutorial with an Assignment Feedback Tutorial Form
- Make notes of what is said to you in spoken feedback
- Really listen carefully, and ask questions so you understand the feedback
- Make an action plan based on your feedback

And most importantly of all:

- Act on the feedback
  - Pin reminders next to your study desk
  - Add pointers onto your next essay plan
  - Incorporate all of the suggestions into your work
  - And if you’re not sure how to do that, ask
  - Change your whole approach if you have to